

Apps

App Name	App Description	Cost
Alzheimer's Daily Companion produced by Home Instead Senior Care®	This app helps build caregivers confidence to provide care by arming them with immediate tips and practical advice for all of the behaviors and situations they face on a daily basis. Caregivers can search on situations they are struggling with, and the app will return immediate and relevant answers. These tips are compiled by experts as well as family caregivers dealing with Alzheimer's or other dementia illnesses.	Free App Store Google Play
Augment	This is best used by a carer, and is an app which builds a 3D object, animal or person and, using the iPad camera, puts it in the room so that if you look at the screen (or the projector screen if the iPad is plugged in to it), you see everything just as it was before but there is a new object in the room. It also locks it to a particular position so even if you move the iPad, it still seems to be there. Using what they know about the participants, you can build something relevant to their lives (ie a pig for a farmer, a ballerina for a dancer or even a car for a motoring enthusiast).	Free App Store Google Play
BrainyApp Developed by Alzheimer's Australia in partnership with Bupa Health.	To raise awareness of the risk factors for Alzheimer's disease and other types of dementia, and to help you be brain healthy. Available in English and Spanish.	Free App Store Google Play
FlowerGarden	Many who suffer from dementia might miss parts of their lives that they loved doing but are no longer able to. FlowerGarden is an app that can bring back some of the past to a loved one. Garden lovers can grow a garden again that encompasses the whole process, from planting virtual seeds, keeping them watered until they have a full harvest. Being able to replicate an enjoyable activity is important to keep a person with Alzheimer's busy.	\$4.49 App Store Google Play
It's Done!	It's Done is essentially an app that provides a checklist for life's everyday critical tasks such as locking doors, feeding pets, taking medication, and turning off the stove. According to the developer, A.J. Lester & Associates, Inc., the It's Done app is "...ideal for those with short-term memory loss due to brain injury, dementia, or other related medical conditions".	\$4.49 App Store Google Play
Let's Create! Pottery	Bringing an app that provides some out of the ordinary fun to a loved one's life is what the Let's Create! Pottery function provides. The user throws virtual clay onto the pottery wheel and then begins the creation of a variety of clay pots. Dragging your finger across the screen serves to smooth the sides of the pots, which come in several sizes. This is a fun app to play, especially for those seniors with a creative spark that hasn't died out.	\$7.99 App Store Google Play

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Lumosity Mobile	The Lumosity app features a combination of over 25 cognitive games that are aimed at "exercising" the brain. The games challenge memory and attention by engaging the user in common cognitive and neuropsychological tasks. While not cheap, this app is currently used by over 70 million people worldwide.	\$79.99 / year App Store Google Play
MemLife	Preserve memories and milestones from your life, or the lives of family and friends. MemLife works seamlessly across your devices and is built for everyone. It's easy to add memories and photos to a timeline, organize life stages and when you're ready, export a book.	Free App Store Google Play
MindMate	The MindMate app is perhaps the ultimate in dementia apps. It is more than a tool, but is more like a friend. It is always there for the client. It can help your loved one stay focused with activities like memory, problem solving and attention as well as working with their speed. It also provides entertainment through eight interactive games that are fun while providing learning materials for current events in medicine. Users can monitor their progress as well.	Free App Store
My Reef 3D	Those who suffer from advanced dementia will find My Reef 3D fun and easy to use. The person can interact with fourteen different types of fish. Activities include stocking the aquarium with specific fish and fun things like tapping on the glass. This will, of course, annoy the fish, providing amusing interaction. There is also an option to just sit back and enjoy the beauty of the reef.	\$4.49 App Store Google Play
Talking Tom Cat 2	In this game, you can talk to Talking Tom Cat and he will repeat it. He has an entertaining voice to keep you interested. Utilizing the tactile properties of the iPad, Tom can be poked or brushed. You can win game coins if you challenge him and play other mini games. He can be dressed in other outfits and functions like a virtual pet, holding your interest for hours.	Free App Store Google Play
The Dementia-Friendly Home App	Provides carers with ideas to make their home more accessible for people living with dementia. Alzheimer's Australia Vic supported by funding by the joint Commonwealth and State Government Home and Community Care program.	\$2.99 App Store
YouTube	YouTube is an enormous collection of short videos which can be easily searched for and played. Everything from film clips to old news reels to pieces of music can be found on YouTube and this allows participants to request what they would like to see. Many older people have no concept of how easy it is to once again see their favourite films or hear their favourite music.	Free App Store Google Play

Podcasts

Podcast Name	Podcast Description	Cost
The Dementia Podcast Professor Colm Cunningham	The Dementia Podcasts provides the latest research, expertise and currency of knowledge from the HammondCare Dementia Centre and our guests. The podcasts address the latest in thinking and practice issues, which include a series of podcast focusing on key issues including 'talking' design and 'talking' behaviours. We consider both clinical and practice issues and the complex issues that need considered in advanced dementia.	Free Apple Podcasts Google Podcasts
Let's Talk Dementia Carol Howell - Dementia Education	This podcast is designed to give you quick and entertaining information regarding caring for someone with dementia.	Free Apple Podcasts Google Podcasts
12 Step Guide To Caregiving/Alzheimers And Dementia	Welcome to the 12 Step Guide To Caregiving/Alzheimers and Dementia podcast. For caregivers, life is unmanageable. Here is a guide to help.	Free Apple Podcasts Google Podcasts
Dementia Care Partner Talk Show With Teepa Snow Positive Approach To Care	This is the Dementia Care Partner Talk Show, a podcast to help you navigate the senior care maze. Learn and laugh with us as we discuss creative solutions and ideas to common and uncommon dementia care challenges, and how to make sense of the senior care industry and options even if you're not a professional. Are you caring for a person living with dementia? We would love to hear from you! Send us a note at info@teepasnow.com and tell us what you'd like for us to discuss! You can also visit our website at www.teepasnow.com .	Free Apple Podcasts Google Podcasts
Dementia Matters Wisconsin Alzheimer's Disease Research Center	Our podcast is here to help humanize Alzheimer's disease, by speaking with the experts in our community to keep you informed on the latest headlines, research studies, and caregiver resources.	Free Apple Podcasts Google Podcasts
The Alzheimer's Podcast Mike Good Of Together In This - Improving Dementia Care Together	The Alzheimer's Podcast with Mike Good of Together in This is your #1 resource for practical tips and insights; empowering you and your family to live well with Alzheimer's disease or other types of dementia	Free Apple Podcasts Google Podcasts
All In The Mind ABC Podcasts	All In The Mind is ABC RN's weekly podcast looking into the mental universe, the mind, brain and behaviour — everything from addiction to artificial intelligence.	Free Apple Podcasts Google Podcasts