



MANUAL HANDLING

Course information

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| Description | This workshop provides support workers with safe transfer and manual handling skills required in their role. |
| What is covered | <ul style="list-style-type: none"> • The law(s) relating to you and work health and safety • Health and safety duties in relation to these tasks • Musculoskeletal disorder injury occurrence and prevention • Assessing risks • Controlling risks • How to identify specific risks and measures in place to control them • How to report a problem or maintenance issue • Safe movement and manual handling techniques and performing tasks safely • How to use equipment in the practice of the following people handling techniques; <ul style="list-style-type: none"> ○ Bed mobility including rolling, turning and up/down bed ○ Use of slide sheets as appropriate ○ Use of patient lifting hoists ○ Sit to stand transfers • Mobilising a person safely |
| Delivery | <p>Training can be delivered onsite or at Daisy Learning</p> <ul style="list-style-type: none"> • All students must participate in demonstrations performing manual handling tasks, to correct postures and assess safe handling skills. • We simulate difficult tasks during the training session so that participants are more competent in problem situations. • We have fun, but that does not mean we are not serious about safe and respectful handling of people. |
| Duration | 4 hours |
| Investment | <p>\$110 per student</p> <p><i>Costs may vary depending on group size, travel or additional costs incurred by Daisy Learning</i></p> |
| Certificate | Participants will be issued a <i>Statement of Attendance</i> on completion |

